

## **Training morning August 14th 2016**

Refer to Chapters 3 (competition) - from Page 48 and 4 (participation) from Page 56 of the Dressage NZ Rules

(although these pages may well change with the update that is being done since sign off at Conference in June)

Save to your phone - either as a download or use the QRcode in your test book

### **New rules**

Starting from the top - hats. Top hats/bowler hats. ESNZ recently made the decision to disallow these. Safety helmets - EN1384 is now deemed not appropriate in the current environment. VG1 is OK until July 2107 then PAS015 (or one that meets several standards) will be necessary. Make sure of what you are buying!!!

Ear covers - can now have some noise reduction qualities - NO ear plugs in competition. Allowable at prize giving. Steward will randomly check for ear plugs at our shows.

Interest in rider/horse - FEI Codex was adopted (training a horse/rider 3 days in 3 months). The training and day are to be clearly defined in the new rules.

Dress - see The Yearbook

ID tags - applies to ALL horses at shows run under ESNZ rules

Warm up etiquette - trainers must stay at the side of the area, keep away from senior riders working in, be careful with young green horses in the warm up

Eliminations - summary in the Year book

Penalties - see the Yearbook

Refresh old rules that are often overlooked or not yet known -

- entering arena before your bell? (you just thought it was your bell)
- always ask judge of a bell or horn so you don't get confused
- forget your test - what to do?
- saluting with whip
- entering in the wrong pace
- long whips
- registration numbers - forgot them?
- Outside interference - Judge will decide the extent and make the decision
- Blood - anywhere means elimination
- Bandages - not allowed.
- Lameness - this is taken seriously and Judges do not make hasty decisions. Please do not be offended if you are asked to stop your test. It's the horse's welfare in question always. The Judge will approach you
- Disobedience - you have 20 seconds from when the Judge decides that it is not going to get better - so that could be in fact another 10 seconds or so. Then the bell will ring to eliminate you. Please approach the Judge before leaving
- Callers - position (use the wind behind you if windy), exactly as in the test book, no talking to rider, no repeating what you said, rider approach Judge if things go wrong. Do NOT try to sort it out with the caller.

Super 5 tests 2016/17 (at Regional Events) - no caller allowed. Super 5 – the tests are the C's

Lunge areas - designated. NOT in the warm up area. Always check where at office.

Ruling about warming up close to the arena - familiarization Art 473.5

(people 10m away from arenas - horses should be well clear if another rider is in the arena)

Prohibited schooling Art 474 - only the ride can school the horse at the show AND from midnight prior to the event until its conclusion

\* In the show grounds  
Pens (have to book and pay at Woodhill Sands. Pay with entries. Additional horses out for the day must also be paid for - advise office)  
Clean up after you and your horse  
ID tags - regd and unregd  
Water/feed  
\* Office  
Who to talk to  
Queries/rights - with regards to test results and accessibility to the judge/s  
30 mins wait time after results posted

Approaching the arena -  
Present your self to the Judge/writer in their car or box as you do your first circuit of the arena when the horse before you is leaving the arena - (make sure they SEE the number)  
Once the Judge rings the bell or sounds the horn - you have 45 secs to enter or lose 2 points. (more than 60 secs is elimination) Art 451/6  
(a 2 point penalty applies if the time runs over in Freestyles)  
Before the class starts - NO access to the arenas  
During Judges breaks - NO access to the arenas

Question time.....

#### Training Day 1 - In the arena - around 10.45 - 11-00

##### Arena Craft - Demonstrations

2 horses and riders and Judge Mentors and facilitators - Judith Cunningham and Robin Potter

##### 1. The Training Scale - Rhythm, Contact (suppleness in part 2)

Demonstrate the rhythm in 3 paces on both reins - circles and whole arena

Talk about the contact

Discuss quality of the paces - how we score the first collective mark

The free walk - ideal and not ideal. So many marks lost in this one.

Both horses in arena together

##### 2. Level 1

The geometry of the arena . Talk about suppleness

Purpose of Level 1 - describe from pg 33

Emphasis on the C test - being Super 5 test this year - the circles and half circles, give of reins

The D test - the loops - geometry, preparation, completion - and the trans to canter after the second loop and circle (6 , 7 and 8)

The B test - the loops to canter in the same corner - and the final 3 mvts incl. halt

##### 3. Level 2

Purpose of Level 2 - and what more we would expect. More suppleness!

The C test - 10m, 15m and the lengthen on that circle, the 15m half circles

The B test - the leg yield , lengthened strides in canter, give the reins in trot

The D test - the 20m then 2 half 10's - the bend balance and flow ,the 10m half circles

Serpentines!

##### 4. Level 3

The purpose of Level 3 - sitting trot, activity, more in self carriage, more suppleness!

Brief look at SI, travers the angles and self carriage. SI from 3B, travers from 3C.

(how it looks well done - **and how we often see it - SI inactive, just neck bend, or a Leg yield. Travers with ears to the outside, too much angle/4 tracks**)

Canter serpentine with no change of lead and 10m canter circles - 3C

Canter loops 3B

We can also touch on transition marks AGAIN - 3C. So many lost chances to score marks here always

Other areas of interest -

The collective marks

Things that annoy Judges

Things that annoy riders about Judges

Callers - can and can't do

Course errors - and errors of the test